



# DEERFIELD ELEMENTARY

## PHYSICAL EDUCATION GRADING POLICY

### GRADES TK-5 ASSESSEMENTS & GRADING:

Physical Education assessments are based on these National Standards and State of Michigan Grade Level Outcomes (GLOs):

- **Standard 1: Motor Skills & Movement Patterns** (Locomotor / Nonlocomotor / Manipulative)
- **Standard 2: Movement Concepts** (Space awareness / Shapes / Pathways / Speed / Force)
- **Standard 3: Health Enhancing Physical Activity and Fitness** (Fitness Concepts / Fitness Pre- and Post-testing)
- **Standard 4: Personal & Social Behaviors** (Rules, Rituals, and Routines / Safety / Self-Assessment)
- **Standard 5: Value of Physical Activity** (Challenge / Enjoyment / Positive Social Interactions)

Physical Education report card grades are based on these outcomes:

- **Social Responsibility and Emotional Well-Being:** Exhibits positive personal, social, and emotional skills to enhance well-being.
- **Motor Skill Competency & Meaningful Movement Experiences:** Engages and reflects in meaningful movement experiences to develop movement competency and meaningfulness.
- **Physical Well-Being & Fitness:** Analyzes factors and applies fitness concepts and strategies that affect well-being.
- **Effort & Engagement:** Positively participates in activities to contribute to overall health and fitness.

Physical Education grades are also based on student self-assessment of these class expectations:

- **Responsibility/Punctuality** (has appropriate attire (athletic shoes); present and on time)
- **Rules/Safety** (uses self-control and follows school, safety, and PE class & activity rules; uses PE equipment safely)
- **Participation/Effort** (actively participates in class activities and group discussions with effort; never complains and is always positive)
- **Behavior/Teamwork** (always listens and follows directions; works well with others; shows good sportsmanship; plays fair and cooperates)
- **Fitness/Skill Proficiency** (demonstrates grade appropriate motor skill & movement concepts, health enhancing physical activity and fitness, including fitness pre- and post-tests, personal & social behaviors, and values physical activity)

### REPORT CARD GRADES / KEY:

4 - Exceeding Grade Level Outcome / Expectation
3 - Meeting the Year End Grade Level Outcome / Expectation
2 - Progressing toward the grade level outcome/expectation with teacher direction/assistance.
1 - Beginning to develop the grade level outcome or expectation.
IE - Insufficient Evidence (Lack of data)
MC - Modified Curriculum (IEP)

Overall Fitness Grade	Points	Grade
	16-20	4
	11-15	3
	6-10	2
	5	1

### GRADES 3-5 REPORT CARD PHYSICAL WELL-BEING & FITNESS GRADES FROM FALCON FITNESS CHALLENGE:

GRADES 3-5 FALCON FITNESS CHALLENGE			
Minimal scores necessary to achieve a Standard Based Outcome of 3 (On Target).			
Minimal Raw Score Scale (On Target)	3rd	4th	5th
Shuttle Run - Time (Seconds & Tenths)	12.1-12.5	11.6-12.0	11.1-11.5
Forearm Plank - Time (Seconds & Minutes)	1:00-1:04	1:20-1:24	1:40-1:44
Curl-Ups - # Completed in 1 Minute	25-29	30-34	35-39
Sit & Reach - Centimeters reached	22-26	25-29	28-32
P.A.C.E.R. - Laps completed	15-19	20-24	25-29
FITNESS CHALLENGE STUDENT PROGRESS MARK EXPLANATION			
4 - Exceeding Target (Surpassed Minimum Raw Score)			
3 - On Target (Met Minimum Raw Score)			
2 - Approaching Target (Close but did not meet Minimum Raw Score)			
1 - Below Target (Beginning to develop skills that can reach Min Raw Score)			
IE - Insufficient Evidence (Lack of Data) / Student Absent or Did Not Attempt			
CM - Curriculum Modified (IEP)			

GRADE 3					
Score	Shuttle Run	Plank	Curl-Ups	Sit & Reach	PACER
4	12.0<	1:05+	30+	27+	20+
3	12.1-12.5	1:00-1:04	25-29	22-26	15-19
2	12.6-13.0	0:55-0:59	20-24	17-21	10-14
1	13.1>	0:54<	19<	16<	9<

GRADE 4					
Score	Shuttle Run	Plank	Curl-Ups	Sit & Reach	PACER
4	11.5<	1:25+	35+	30+	25+
3	11.6-12.0	1:20-1:24	30-34	25-29	20-24
2	12.1-12.5	1:15-1:19	25-29	20-24	15-19
1	12.6>	1:14<	24<	19<	14<

GRADE 5					
Score	Shuttle Run	Plank	Curl-Ups	Sit & Reach	PACER
4	11.0<	1:45+	40+	33+	30+
3	11.1-11.5	1:40-1:44	35-39	28-32	25-29
2	11.6-12.0	1:35-1:39	30-34	23-27	20-24
1	12.1>	1:34<	29<	22<	19<

In order to qualify for a **Falcon Fitness Award** participants must meet or exceed the target score in all 5 of the Falcon Fitness Challenge events after post-assessments.