



HOW DID I DO IN P.E. TODAY?

Self-Assessment Exit Slip



PHYSICAL EDUCATION CLASS EXPECTATIONS POINTS RUBRIC – TOTAL POINTS PER DAY: 4

- **Responsibility/Punctuality** (has appropriate attire (athletic shoes); present and on time)
- **Rules/Safety** (uses self-control and follows school, safety, and PE class & activity rules; uses PE equipment safely)
- **Participation/Effort** (actively participates in class activities and group discussions with effort; never complains and is always positive)
- **Behavior/Teamwork** (always listens and follows directions; works well with others; shows good sportsmanship; plays fair and cooperates)
- **Fitness/Skill Proficiency** (demonstrates grade appropriate motor skill & movement concepts, health enhancing physical activity and fitness, personal & social behaviors, and values physical activity)

4 WOW! Excellent!

- I did all you asked and more, which is why I get a 4.



3 Good Job!

- I did all you asked of me, which is why I get a 3.



2 Fair – Keep Trying!

- There was more that I could do, that is why I get a 2.



1 Need More Effort

- I did not do what should be done, that is why I get a 1.

